

Chocolate Coin Snacks

- 8 small chocolate flavor rice cakes
 - 4 slices banana
- Peanut butter for spreading

Spread each rice cake with peanut butter. Top 4 rice cakes with banana slices. Put remaining rice cakes (peanut butter side down) on top of banana slices. Place two coins on each plate and serve.

Enjoy this quick and easy snack pretending to be a pirate looking for treasures on the beach.

Serves 2.



Have your parent cut out the recipe on the dotted line.



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FOOD TRIVIA

How many cups of fruits and vegetables should you eat daily to stay healthy?*



- A. 1 CUP
- B. 3 TO 5 CUPS
- C. 10 CUPS



WHAT DO YOU CALL A PURPLE GORILLA?

FOOD TRIVIA ANSWER: 3 to 5 cups. © ANSWER: A grape.