

"Red" the Caterpillar

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| 4 | toothpicks | 8 | small sprigs parsley-antenna |
| 12 | grape tomatoes-body | | peanut butter-leg glue |
| 8 | carrot slices-body | | Mustard-face |
| 12 | black olive slices-halved-legs | | ranch dressing for dipping pond |

Take toothpick and insert one grape tomato, carrot slice, grape tomato, carrot slice and grape tomato. Do this with remaining toothpicks. Complete the following with all caterpillars. Dip black olive legs in peanut butter and put on caterpillar body. With extra toothpick poke hole on top of head and insert two sprigs of parsley for antennas. Use mustard to create face. Place two caterpillars on each plate and use dressing to create pond. Fun food for children to experience sweet grape tomatoes.

Serves 2.



Have your parent cut out the recipe on the dotted line.

